**Rockford High School**

**Senior Information Sheet**

This information will be used to assist teachers, staff, and administration to write letters of recommendation for you. It is imperative that it is filled out legibly, accurately, and completely so these letters can be of the greatest benefit to you. If you have a prepared resume, you can use that in place of this sheet. When completed, please bring it to the guidance office and we will keep a copy for you to use for scholarship applications.

Full Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**School Activities**

| Activity (Grades 9-12) | Years Participated | Honors, Awards, Position Held |
| --- | --- | --- |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

**Community/Non-School Activities**

| Name of Volunteer Organizations or Community Organizations | Years Participated | Description of Your Role |
| --- | --- | --- |
|  |  |  |
|  |  |  |
|  |  |  |
|  |  |  |

**Work Experience**

| Employer | Position/Title | Hours per Week | Length of Employment |
| --- | --- | --- | --- |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

Possible college major: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Undecided is ok)

The reason you are considering this major:

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What interests, hobbies, activities occupy most of your time and thoughts?

What accomplishment has brought you the most satisfaction thus far?

What do others see as your strengths? (i.e. team leader, creative, analytical)

Are there any personal circumstances that have positively or negatively affected your academics?

Do you feel that your transcript accurately reflects your academic efforts and ability? If not, explain what factors/circumstances have interfered with your academic performance.

Is there any information that you would like emphasized in the recommendation to assist with colleges making a more accurate appraisal of you?

What three adjectives would you use to describe yourself?

Please add any other comments or notes of interests that would be helpful in writing a letter of recommendation for you (If needed, please continue your responses on another sheet of paper).